



Continuing Education Seminar

Saturday, August 23, 2008 Lido Isle Yacht Club

Boat Handling and Sail Trim

Basic Aerodynamics

Sailing Theory

Sail Shape

Sail Trim

Using your Telltales

Steering

Crew Position

Tacking

Gybing

Adjustments at Mark Roundings

Instructor: Peter Haynes

Sponsored by Harbor 20 Fleet 1 and Lido Isle Yacht Club